SAFE OPERATING PROCEDURE

Acid River

The rope hangs from the frame over the muddy stream.

- 1 Activity Supervisor per 12 participants
- Inform CYC host of any malfunctioning equipment
- Wear a hat and sunscreen

Objective: To get the group across to the other side.

Procedure: Everyone starts on the one side. The group must obtain the rope and then swing to the landing zone. If someone touches the water or mud they must go back to the starting side (or some other consequence).

Variation: The groups must also get "nitro glycerine" (water) across with them without spilling using a container that you provide (i.e. a cup). The water can represent the group's goals.

Safety Concerns

1. Spot the swinger
2. Do not allow sitting on shoulders. One at a time
3. Rocks or sticks should not be thrown to obtain the rope
4. Alert participants that, as with any element in which one's weight is supported by a rope, the potential for shoulder injury exists.
5. Do not wrap rope around hands.
6. Check stream for rocks and sticks before starting activity.
7. Wear shoes

All damages and injuries must be reported to CYC Staff as soon as practicable.

Failure to follow these instructions could result in injury.
CYC reserve the right to close this activity if these instructions are not followed.
To contact CYC Staff go to the office.

Reviewed July 2026

Christian Youth Camps