



Orienteering- Risk Analysis and Management

| Risk Analysis | | Management | | | | |
|--|-------------------------|-------------------------------|---|--------------------------|---|----------|
| Hazard/Harm | Risk severity (Initial) | Control (Eliminate/ Minimise) | Action | Risk severity (residual) | SOP | Accepted |
| People: Existing medical conditions | 16 | M | Have medication accessible | 8 | Take appropriate medicine with you (eg inhalers) | Yes |
| Environment: Uneven track causing leg injuries | 12 | M | Advise participants of hazard | 9 | Participants need to be reminded that the ground could be uneven and to exercise care (recommend wearing shoes) Footwear is recommended for the Maxi course | Yes |
| People: Poor supervision | 12 | M | Supervised activity | 4 | 1 Activity Supervisor per 15 participants Supervisor to be in a known position to be available if needed We recommend going in pairs | Yes |
| People: Impairment of Supervisor | 6 | E | CYC Staff to look out for signs of impairment | 3 | - | Yes |
| Condition: Fences | 9 | M | Advise participants of hazard | 3 | If Maxi course is being used to be aware that there may be animals in paddocks, please leave gates as you found them and use stiles to cross fences Be careful of electric fences in farm paddocks | Yes |
| Condition: Extreme weather | 4 | M | Wear hats/sunscreen CYC Staff to be aware of changing conditions | 2 | - | Yes |
| <p>Emergency procedures</p> <p>Stop activity, assess situation, administer first aid, call emergency services if necessary, notify camp organisers and camp staff</p> | | | | | | |

Reviewed August 2019



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| Equipment | Activity SOPs Map and answer sheet |
| Competencies for Activity Sign Off | <ul style="list-style-type: none">• Be able to manage a group of participants 1:15• Follow the Activity Instructions• Actively supervising the participants• Looking out for unsafe actions• Know where to get help/locate CYC Staff or group organizers• Know how to read CYC orienteering map |
| Final decision on implementing activity | ACCEPTED by CYC Director |
| Comments | Circumstances can change quickly, supervisors need to be diligent in their task, and respond as needed. |