



# Orienteering- Risk Analysis and Management

Risk Analysis		Management				
Hazard	Risk severity (Initial)	Control (Eliminate/ Minimise)	Action	Risk severity (residual)	SOP	Accepted
People: Medical conditions	12	M	medication	8	Take appropriate medicine with you (e.g. inhalers) We recommend going in pairs	Yes
Environment: Uneven track	12	M	Let participants know	8	Participants need to be reminded that the ground could be uneven and to exercise care; covered shoes are required.	Yes
People: Poor supervision	9	M- Sign off activity	Signed off and checked during use	4	Supervisor to be in a known position to be available if needed	Yes
Condition: Fences	9	M	Make sure gates are left how they were found and stiles are used	3	If Maxi course is being used, to be aware that there may be animals in paddocks, please leave gates as you found them and use stiles to cross fences Be careful of electric fences in farm paddocks	Yes
People: Misuse of equipment	6	E- Supervised activity	Do not leave gear unattended	3	-	Yes
People: Impairment of Supervisor	6	E- No alcohol/drugs on site	CYC Staff to look out for signs of impairment	3	-	Yes
Condition: Extreme weather	4	M	Wear hats/sunscreen CYC Staff to be aware of changing conditions	2	-	Yes



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<b>Emergency procedures</b> Stop activity, assess situation, administer first aid, call emergency services if necessary, notify camp organisers and camp staff, and fill out an incident form when practicable.	
<b>Equipment</b>	Activity SOPs Orientation Sheets
<b>Competencies for Activity Sign Off</b>	<ul style="list-style-type: none"><li>• Be able to manage a group of participants 1:15</li><li>• Follow the Activity Instructions</li><li>• Actively supervising the participants</li><li>• Looking out for unsafe actions</li><li>• Know where to get help/locate CYC Staff or group organizers</li><li>• Know how to read CYC orienteering map</li></ul>
<b>Final decision on implementing activity</b>	<b>ACCEPTED by CYC Director</b>
<b>Comments</b> Circumstances can change quickly, supervisors need to be diligent in their task, and respond as needed.	