



## SAFE OPERATING PROCEDURE

### CYC INSTRUCTED ACTIVITY

# Climbing wall

- 1 CYC Instructor and 1 Activity Supervisor over 16 years old, per 12 participants (max of 24 participants)
- Min/Max weight for climber is 20/100kg
- Covered shoes are to be worn while climbing, snug fitting sport shoes are ideal. No open toed shoes or bare feet!
- No loose fitted clothing or jewellery to be worn and long hair is to be tied back while climbing as this could get stuck in climbing equipment
- Face forward when descending with legs straight and feet against wall
- Expectant mothers or participants with injured backs should not climb
- Any Belayer must be 12 years or older and watch instructor for 2 climbs while instructor explains how to belay, then be examined by instructor for at least 2 climbs or until they show proficiency on belaying
- Direct supervision for a climber or belayer less than 14
- Supervisors must be given instruction by CYC Instructor on how to supervise participants and help them on and off the wall
- All Participants must sit through CYC Instructed briefing before climbing

**All damage and injuries must be reported to CYC Staff as soon as practicable**

**Failure to follow these instructions could result in injury. CYC reserve the right to close this activity if these instructions are not followed.**

**To contact CYC Staff go to the office**

Reviewed December 2022



**Christian Youth Camps**