SAFE OPERATING PROCEDURE

CYC INSTRUCTED ACTIVITY

Crate Climbing

- 1 CYC instructor across both Crate Climb Towers.
- 1:6 Supervisor to Participants per Crate Climb Tower.
- 2 Supervisors total across both Crate Climb Towers.
- 12 Participants total across both Crate Climb Towers.
- Supervisors are the centre belayer.
- Supervisors must be over 16 years old.
- Supervisors with their belayers must not be distracted;
  This means no use of phones or cameras while belaying.
- Belayers and supervisors to follow instructions from instructor.
- No loose fitted clothing or jewellery to be worn and long hair is to be tied back while climbing as this could get stuck in climbing equipment.
- Min/Max weight for climber is 20/100kg.
- All Participants must always keep arms below heads when climbing.
- Crate Throwers should not attempt to catch falling crates.
- Crate Throwers must stay behind the red tape line.
- Spectators stay behind the blue line (crates can bounce).
- Covered shoes are to be worn, snug fitting sport shoes are ideal. No open toed shoes or bare feet (Crocs do not count).
- Helmets must be worn by all participants. The Centre belayers can go without a helmet provided that they stay attached to their rope.
- Expectant mothers or those with injured backs should not climb.
- Take regular breaks for water when necessary.

All damage and injuries must be reported to CYC Staff as soon as practicable.

Failure to follow these instructions could result in injury.
CYC reserve the right to close this activity if these instructions are not followed.
To contact CYC Staff go to the office.

Reviewed July 2026

Christian Youth Camps