



## SAFE OPERATING PROCEDURE

### CYC INSTRUCTED ACTIVITY

# Climbing wall

- 1 CYC Instructor and 1 Activity Supervisor per 12 participants
- Covered shoes are to be worn while climbing, snug fitting sport shoes are ideal. No open toed shoes or bare feet!
- No loose fitted clothing or jewellery to be worn and long hair is to be tied back while climbing as this could get stuck in climbing equipment
- Min/Max weight for climber is 20/100kg
- Direct supervision for a climber or belayer less than 14
- Face forward when descending with feet against wall
- Expectant mothers or participants with injured backs should not climb

**All damage and injuries must be reported to Camp Leaders and CYC Staff as soon as practical**

**Failure to follow these instructions could result in injury.**

**CYC reserve the right to close this activity if these instructions are not followed.**

**To contact CYC Staff go to the office**

