



BMX - Tour de Camp - Risk Analysis and Management

Risk Analysis		Management				
Hazard/Harm	Risk severity (Initial)	Control (Eliminate/ Minimise)	What action needs to be taken to reduce the Hazard/ Harm	Risk severity (residual)	What is stated in the SOP's to achieve the required action.	Accepted
People: Poor supervision	12	E	Make the activity CYC Instructed to ensure that there is consistent supervision.	6	CYC Instructed Activity 1 CYC Instructor and 1 supervisor over 16y. per 12 participants.	Yes
People: Misuse of equipment	10	E	Make the activity CYC Instructed to ensure that equipment is not left unattended.	5	BMX bikes can only be ridden with CYC Instructor supervision.	Yes
People: Collision with other riders. Collision with stationary and moving vehicles.	10	M	Move to the side of the road. Stay with CYC Instructor until clear to go Always communicate with one another. Watch out for parked cars. Pay attention when riding.		BMX bikes can only be ridden with CYC Instructor supervision. Maintain safe following distances between riders. Watch out for bystanders and moving/stationary vehicles.	



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Environment: Falls due to uneven surface.	9	M	Follow the instructor. Be aware of the risk of falling.	5	Riders to be warned not to attempt tricks/jumps that may exceed their ability. Riders must avoid racing and must keep their speed within their personal skill limits. First aid kits are available throughout CYC.	Yes
Environment: Sunburn, heat stroke, dehydration?	8	M	Make use of shelter Wear hats/sunscreen CYC Staff to be aware of changing conditions Activity to not be operated in severe weather events, excessive rain/wind, or natural disaster CYC Staff to be aware of changing conditions, esp. excessive rain, and pause/stop the activity when necessary	2	Wear sunblock on fine days.	Yes
People: Impairment of Supervisor	6	E	CYC Staff to look out for signs of impairment	3	CYC reserve the right to close this activity if these instructions are not followed.	Yes



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People: Incorrect use/ using above ability	6	E	Instructor to check helmets and check correct use of bikes on flat track Inform riders of correct use Inform riders to not exceed ability	3	Riders must demonstrate proficiency to the CYC Instructor in handling, braking and steering on flat ground prior to leaving the beginner area. Riders to be warned not to attempt tricks/jumps that may exceed their ability. Riders must avoid racing and must keep their speed within their personal skill limits.	Yes
Equipment: Damage to equipment that could cause the rider to have an accident.	4	M	CYC Staff need to check the bikes and safety equipment when setting up, after a crash, and with monthly activity checks.	1	Pre-start, the CYC Instructor must inspect all bikes for damage. In the event of an accident all bikes involved need to be inspected for damage by the instructor before they can be returned to service.	Yes



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Emergency procedures Stop activity, assess situation, administer first aid, call emergency services if necessary, notify camp organisers and camp staff, including filling in an Incident Report Form	
Equipment	12 bikes 10 helmets, disinfectant, pump, tool, chain lube Activity SOPs
Competencies for Activity Sign Off	(1:1:12) (this means 1 CYC Instructor and 1 Supervisor, to 12 participants)
Final decision on implementing activity	ACCEPTED by CYC Director
Comments Circumstances can change quickly, instructors and supervisors need to be diligent in their task, and respond as needed. • CYC reserve the right to close this activity.	