



SAFE OPERATING PROCEDURE

CYC INSTRUCTED ACTIVITY

Crate Climbing

- 1 CYC Instructor and 2 Activity Supervisors per 12 participants.
- Where possible at least 1 person over 14 should be the centre belayer
- Spectators stay behind the blue line (crates can bounce)
- Covered shoes are to be worn while climbing, snug fitting sport shoes are ideal. No open toed shoes or bare feet!
- Helmets must be worn by climber, belayer, and crate thrower
- No loose fitted clothing or jewellery to be worn and long hair is to be tied back while climbing as this could get stuck in climbing equipment
- Min/Max weight for climber is 20/100kg
- Belayers to follow instructions from instructor
- Expectant mothers or participants with injured backs should not climb

All damage and injuries must be reported to Camp Leaders and CYC Staff as soon as practical

Failure to follow these instructions could result in injury.

CYC reserve the right to close this activity if these instructions are not followed.

To contact CYC Staff go to the office